Grief and Loss Group

Virtual Group For Adults in NC, VA, PA, CO, DE, GA, IL, AZ, MO, NE, NV, NH, OK, UT and more!

Are you grieving the loss of a family member or friend?
Are you wondering, "Will I ever be okay again?"
Do you wonder If you will ever be able to stop crying? Or, maybe, you wonder when you will start?
Are you constantly questioning yourself, your decisions, and interactions with those around you?
Are you avoiding memories or reminders of your loss?

If you answered yes to any of the above, this supportive space is for you.

- ***When:*** **Wednesdays 5:00 - 6:00pm EST for 8 weeks (03/23/22 to 05/11/22)**
- ***Where:*** **Online via a HIPAA compliant virtual platform**
- ***What:*** **Gather together, with a licensed psychologist, to learn more about signs/symptoms grief, coping strategies, and treatment options in an inclusive, supportive environment. Share as you feel comfortable, and receive the support you deserve.**
- ***Fee:*** **$65/session***

Want to know more? Click here to schedule a free consult!

***New clients must schedule a 30min intake ($125)**
***Out-of-network superbill provided for potential insurance reimbursement**
***Pay in full discount - email to learn more!**

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Questions? Contact me! Click here!